4. The ammunition as claimed in claim 3, wherein the internal core passes right through it and runs from the rear part to the front part of the bullet.

5. The ammunition as claimed in Claim 3, wherein the front face of the internal core is set back from the front face of the front part of the bullet.

6. The ammunition as claimed in Claim 3, wherein the internal core protrudes and its front end extends beyond the front face of the bullet.

7. The ammunition as claimed in Claim 1, wherein the internal core consists of one single homogeneous element.

8. The ammunition as claimed in Claim 1, wherein the internal core consists of at least two consecutive elements arranged contiguously along the same axis.

9. The ammunition as claimed in claim 8, wherein the internal core comprises a first cylindrical element and one or more balls of approximately equal diameter.

10. The ammunition as claimed in Claim 1, wherein the internal core consists of a rod having symmetry of revolution and comprising ribs over part of its surface.

11. The ammunition as claimed in claim 10, wherein the internal core has annular, helical or longitudinal ribs.

12. The ammunition as claimed in claim 11, wherein the internal core has two to six longitudinal ribs arranged symmetrically with respect to the axis.

13. The ammunition as claimed in Claim 3, wherein the front part of the body of the bullet has rupture initiators.

14. The ammunition as claimed in Claim 1, wherein the internal core is made of steel, brass, copper or aluminum alloy.

15. The ammunition as claimed in Claim 1, wherein the body of the bullet is made of copper or brass containing 5 to 40% zinc.

--- 16. (New) The ammunition as claimed in Claim 4, wherein the front face of the internal core is set back from the front face of the front part of the bullet.

17. (New) The ammunition as claimed in Claim 4, wherein the internal core protrudes and its front end extends beyond the front face of the bullet. --